

# The Cougar Review

November 2023



## Spring Forward, Fall Back: Daylight Saving Time Begins

by Logan Burkart & GCHS Staff

As the seasons change, so does our concept of time. Daylight Saving Time (DST) is back, and it's time to reset our clocks and daily routines. On the first Sunday of November, many regions worldwide "fall back" by setting their clocks one hour behind, marking the end of DST.

This annual tradition began over a century ago, with the primary goal of conserving energy by maximizing daylight during the longer days of spring, summer, and early autumn. The practice allows people to use natural light better and reduce their reliance on artificial lighting and heating, ultimately saving energy.

However, the transition is not without its critics and controversies. Some argue that disrupting our circadian rhythms can affect our health and well-being, leading to sleep disturbances and temporary confusion. Others question the energy savings DST achieves.

Regardless of the ongoing debate, millions still participate in this biannual ritual, adjusting their clocks and watches and perhaps feeling a sense of nostalgia for a time when schedules were more closely tied to the changing seasons.

So don't forget to set your clocks back one hour at 2:00 AM on November 5, 2023, if you're in an area that observes Daylight Saving Time. Enjoy that extra hour of sleep, and embrace the age-old tradition of turning back time as we prepare for the darker days of winter.

## Turkey Day

by Alana Anderson

Turkey, stuffing, mashed potatoes, rolls, cranberry sauce, and who can forget pumpkin pie, but do you know the history of Thanksgiving? Thanksgiving Day is a national holiday in the United States, and this year, Thanksgiving 2023 occurs on Thursday, November 23. In 1621, the Plymouth colonists from England and the Native American Wampanoag people shared an autumn harvest feast acknowledged as one of the first Thanksgiving celebrations in the colonies. In September 1620, a small ship called the Mayflower left Plymouth, England, carrying 102 passengers, an assortment of religious separatists seeking a new home where they could freely practice their faith, and other individuals lured by the promise of prosperity and land ownership in the New World. In the harsh first winter on the ship, most colonists suffered from exposure, scurvy, and outbreaks of other contagious diseases. Only half the Mayflower's original passages/crew lived to see the first New England spring.

In March, the remaining settlers moved to land, receiving a visit from the Abenaki tribe, who greeted them in English. Several days later, they returned with another Native American, Squanto, and he taught the Pilgrims (most weak from malnutrition and illness) how to grow corn, get sap from the maple trees, catch fish in the rivers, and avoid the poisonous plants. He also helped the settlers create an alliance with the Wampanoag tribe, lasting more than 50 years.

So, as you feast on your Thanksgiving dinner this year, remember what we are celebrating and its history.





## COVID on the Rise

by Grayson Zurwell



In the past few months, COVID has notably increased infections around the US. Many people are speculating if there will be another lockdown like in 2020. It's possible, but it's also definitely possible that it won't happen. There were 331 hospitalizations in Indiana in about a week (Sept. 9 - Sept. 18), and it looks like that number will only keep rising. What is causing this increase? A new variant of COVID called EG.5 was first discovered in China in February 2023. This new version is more infectious and has a much lower incubation rate on average. This means that the amount of time from when you got infected to when you start to show symptoms is much less, from about seven days to only two or three. Doctors are speculating that COVID might pop back up every summer like the flu does in winter, and every year, there will be a modified vaccine to combat any variants or mutations in the virus, just like with the flu. COVID is scary, and no one wants to go back into lockdown, but with research and the fact that most people have at least some immunity at this point, hopefully, another lockdown is in the past, but only time will tell.

## Holiday Bizarre

by Stone Oliver

FCCLA, or Family, Career and Community Leaders of America, will host their annual holiday bizarre on Saturday, December 6th, from 8:30 am until 3:00 pm. The bizarre is an annual fundraiser for the club. The money raised will be used for their field trips and to cater their end-of-the-year banquet.

In an interview with Kiera Hope, who has been a part of FCCLA for three years, she explained, "At the beginning of the year, we have our fall rally, the Christmas bizarre, state conference, and a lot of pop-up opportunities." When asked about her favorite part of the club, she said, "I enjoy the meeting new people aspect a lot and the competing." She continued by saying, "FCCLA is really great for job resumes, college applications, and references for just about anything. FCCLA is open to anyone who is a current high school student, as long as they fill out the form and attend our Monday meetings."

FCCLA is an excellent opportunity to take advantage of during your high school career. If you need more information or want to join FCCLA, contact Mrs. Kuesch.



2023-2024 FCCLA



## **Leaves Falling and Elections Rising**

**by  
Ashlyn Devlin**

**The leaves aren't the only things changing for Hancock County, as many elections arrive in the fall. One of the elections is the election that will decide the new mayor. For the public, the voting registration deadline is October. Following that, early voting starts on the 11th, with election day on November 7th.**

**The current mayor of Greenfield, Chuck Fewell, is rounding up his tenth and final year as mayor. Chuck Fewell has changed Greenfield for the better and hopes that the next mayor will help finish what he has started. There are three candidates, each in one of the parties. The parties are Republican, Democrat, and Libertarian. The three candidates running for his position are Republican Guy Titus, Democrat Nate Anderson, and Libertarian Larry Silver Jr.**

**Anderson believes that his leadership is different from the other candidates running for mayor, and he is needed to direct Greenfield as it grows. Silver Jr has three main plans that he hopes to evaluate as the next mayor. They are to reduce the budget, restore property rights, and fix traffic throughout Greenfield. He states that he wants the public to do their research when voting during this election because he wants people to vote for an actual person, not just a party. The main focus of Titus is on the traffic at the main intersection in Greenfield. He wants to serve the community differently than he has in the past.**

**It is crucial to become educated on all candidates running in the election. Do your part in our community and vote!**



**Greenfield Mayoral  
candidates from top to  
bottom: Republican Guy  
Titus, Democrat Nate  
Anderson, and Libertarian  
Larry Silver Jr.**

# **Breaking Up with Technology**

**By Zora Coe & Chloe Gardner**

**In today's society, especially for pre-teens and teens, we seem addicted to our phones. It's a common occurrence everywhere. Not only are we addicted to our phones, but our phones allow us to access social media. Social media tends to occupy teenagers' time and play a big part in their self-image and mental health. Social media has put many ideas into teens' heads, such as "I wish I looked like that " and "I wanna be stronger than him." It is just an all-around unhealthy habit.**

**When we interviewed a high school student who wanted to remain anonymous about how much time they spend on their phone, they responded, "About 8 hours a day." This might not seem so bad to you, but when you look at it, it is. You are spending 8 hours of your day staring directly at a screen. Now, that is not as good as you think. State Farm elaborates and says too much screen time could harm your health, citing specific issues like tendinitis, poor sleep, "text neck," concentration and learning issues, peer pressure, and eyesight problems, to name a few.**

**Social media and phone usage can ruin all aspects of life. Take a moment to think about how changing our phone usage can benefit our everyday lives. Would it be refreshing? Would you feel less stressed or anxious? As a society, together, let's limit our phone usage. By limiting our usage, our productivity, and our overall well-being can be improved! What do you think? Are you up for it, Cougars?**







# ★ ★ ★ ★ ★ VETERANS DAY

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## HONORING ALL WHO SERVED

**Honoring Our Heroes**  
**by GCSC Staff**

**Every year, on November 11th, the United States comes together to commemorate Veterans Day, a special occasion dedicated to honoring the brave men and women who have served in the armed forces. This day holds great significance, as it provides an opportunity for the nation to express its deep gratitude and appreciation for the sacrifices made by veterans.**

**Veterans Day has a rich history dating back to the end of World War I. On the 11th hour of the 11th day of the 11th month in 1918, an armistice was signed, effectively ending World War I, the "war to end all wars." The date became known as Armistice Day, originally intended to commemorate the veterans of World War I.**

**In 1954, after World War II and the Korean War ended, Armistice Day was officially renamed Veterans Day. This change aimed to expand the day's purpose to honor veterans of all wars and conflicts. Since then, November 11th has been a day to pay tribute to our nation's veterans' immense contributions and sacrifices.**

**Veterans Day is a time to reflect on the sacrifices of the brave men and women who have served in the military. It's a day to remember the history and values that our veterans have defended and to express our gratitude. By observing Veterans Day, we honor their sacrifices and strengthen our national unity and pride. Let us make every November 11th a day to celebrate and support the heroes who have safeguarded our freedoms**





## Pin and Win

by Stone Oliver

**As winter approaches, so do winter sports. One of those sports is wrestling. Wrestling has been one of the biggest sports here at GC, next to football. Our wrestling team has been conditioning and is ready to get their season underway.**

**Coach Holden runs the wrestling team. When talking to a current wrestler, Jasmine Camacho, and asking about her experience so far, she replied, "This is my 5th year wrestling, and I think we'll do well this season. I see a lot of potential."**

**Hopefully, we'll see the potential Jasmine mentioned on the mats this year. Come and support our wrestling team as they embark on their new season.**



**Jasmine Camacho, Jr.**



**Coach Holden coaching his wrestlers at Yorktown.**

### Wrestling Event Schedule and Results

Date	Event	Date	Event
<b>Results</b>		<b>Results</b>	
Nov 4th	Women's New Pal Invite (A)	Jan 12th	IHSGW Girls State (A)
Nov 8th	Women's Perry Meridian Dual (H)	Jan 13th	Varsity HHC Conference (A)
Nov 11th	Women's Purdue Poly Girls Invite (A)		JH Yorktown Super 6 (A)
	Pictures & Intersquad Dual (H)	Jan 16th	JH Belzer Dual (A)
Nov 18th	Men's Edgewood Invite (A)	Jan 20th	JV Edgewood Invite (A)
	Women's Ben Davis Invite (A)		JH Delta Invite (A)
	JV 9th/10th Yorktown Invite (A)	Jan 22nd	JH Creston Dual (A)
Nov 22nd	Pendleton Heights Dual - All (A)	Jan 24th	JH Beech Grove (A)
Nov 30th	Franklin Central Dual - All (A)	Jan 25th	JV HSE Invite (A)
Dec 2nd	Varsity Cathedral Super 6 (A)		JH New Castle Dual (H)
	Women's Penn Invite (A)	Jan 27th	IHSAA Sectionals (A)
Dec 6th	New Palestine Dual - All (H)	Jan 31st	JH Mt Vernon Dual (A)
Dec 9th	Varsity Falcon Duals (A)	Feb 3rd	IHSAA Regionals (A)
	Women's Lebanon Invite (A)	Feb 7th	JH Eastern/Knightstown Dual (H)
	JV Beech Grove Invite (A)	Feb 8th	JH Triton Central/Ben Rush Dual (A)
Dec 28th	Varsity Connersville Spartan Classic (A)	Feb 10th	IHSAA Semi-State (A)
Dec 30th	Women's Regional (A)		JH Franklin Triple Dual (A)
Jan 3rd	Roncalli Dual - All (H)	Feb 13th	JH Shelbyville Dual (H)
Jan 5th	Women's Semi-State (A)	Feb 15th	JH Fall Creek Dual (H)
Jan 6th	Varsity Paul Logan Memorial Invite (A)	Feb 16th	IHSAA State (A)
Jan 9th	JH Franklin Central Dual (A)	Feb 21st	JH New Palestine Dual (H)
Jan 11th	Eastern Hancock Dual - All (H)	Feb 27th	JH County Meet (A)
		Mar 2nd	JH HHC Conference (A)

# Shooting into Season

By: Addi Herrin

The second quarter of the school year marks the beginning of the season for all winter sports. For our girl's basketball team, it doesn't feel like the start.

Our girls have been putting in months of work all year in preparation for the 23-24 season. As a result of spring workouts, summer season, and fall workouts, the team has gained confidence from the amount of time spent together in the gym. "Basketball is a grind," Head Coach Bradley Key likes to say, "If it were easy, everyone would do it."

Coming off the first winning season since 2016, the Lady Cougars are very optimistic about this upcoming season. The Cougars lost three key seniors last year. Aryana Hibbard, Taylor Smith, and Kammi Anderson who all contributed to the team's success.. This year, though, the lineup comprises almost all experienced juniors, with the addition of a newcomer freshman, Izzy Silcox. Chaney Brown, the Cougars leading scorer, returns for the Cougars. Brooklyn McConnell, also one of the team's top scorers, returns. Transfer Maddie Sonsini, Richmond's leading scorer last year, will also play with the Cougars this year. Juniors Emma Nelson, Addi Herrin, and Kynsey Hasty are expected to get minutes, along with sophomore Julian Jones.

The team's first game is Thursday, November 2, at home in Dellen Automotive Gymnasium. JV starts at 6, with varsity to follow. Come out and support your Greenfield Central Lady Cougars basketball team this year!



Brooklyn McConnell taking care of the ball in sectionals.



Chaney Brown looking to get the in bound pass at Mt.Vernon.





## **Senior Spotlight : Elliot Ryba**

**By David Wasson**

**Elliot Ryba, 12, with  
David Wasson, 10**

**Elliot Ryba is a current senior at GCHS, the president of the National Honor Society, and the Vice President of the Spanish Honor Society. When asked what sports and activities he is involved in, he responded, “I am involved in many activities currently. In the fall, I ran and competed in Cross Country. I compete in the high jump in Track and Field in the winter and spring. During the winter and spring, I also play the drums for our school’s Legacy Show Choir. I’m also a member of Young Life, which meets weekly throughout the school year.”**

**When asked what he’s looking forward to this year, he stated, “For my senior year, the one thing I look forward to the most is the upcoming track season. I have set some pretty big goals for the season. I want to be the State Champion in both indoor and outdoor. I also want to raise our school’s record to over 7 feet. I want to leave a lasting legacy for our track team and give future high jumpers a high goal to reach for.”**

**As for plans, Elliot said, “My future plans after high school involve going to Purdue University to both study Aerospace and Aeronautical Engineering as well as competing in the high jump for their track team in the NCAA’s Division 1. Past that, I want to work on engineering rockets for a space company like NASA and compete in the Olympic Games.”**

**Advice he gives for underclassmen, “The one thing I would recommend would be to just try everything. These years of your life are when you figure out who you really are and what you want to achieve. Try out all kinds of different sports and activities, and see what you are good at and what you enjoy. If it weren’t for my willingness to try high jumping a few years ago, I never would have discovered my passion for the sport and wouldn’t have been able to participate in D1 sports in college. You’ll never really know if you’re good at something if you don’t give it a try.”**

**Senior year is a defining moment for all high school students. You really need to know what you want to do. Senior is a big change, and can change your perspective on what you want to do in life.**





## **Senior Spotlight: Interview with Christopher Ross**

**By David Wasson**

**Chris Ross, a current senior at GCHS, was interviewed about life as a senior.**

**David: What activities or sports do you participate in?**

**Chris: I participate in cross country and track and field. I have been a part of these sports my entire high school career.**

**David: What are you looking forward to in your senior year?**

**Chris: Now that my cross country season is over, I look forward to track season and competing in large meets. I'm ready for the end of the year and looking forward to celebrating my high school journey**

**David: What are your future plans?**

**Chris: My plans as of now are to attend Lee University and study Biology. I am also running both cross country and track at Lee. I intend on going to medical school and becoming an orthopedic surgeon.**

**David: What advice do you have for underclassmen?**

**Chris: My advice to underclassmen is to work hard and start making good study habits now. Senioritis is a real thing, and having a good foundation will hopefully nullify this feeling during your senior year.**



**Chris Ross, 12, with  
David Wasson, 10**

# GREENFIELD CENTRAL

HIGH SCHOOL





**OUR SCHOOL NIGHT**  
**SUNDAY, NOV. 19, 5PM**  
**VS. ORLANDO MAGIC**




**VS**



See a GC JAG Member  
or Order Online at


**UP TO  
\$15  
PER TICKET**  
WILL BE DONATED  
TO OUR SCHOOL!

<http://nba.com/pacers/school-night/2324/magic>





**Greenfield-Central High School  
Night with the Indiana Pacers**

**Indiana Pacers vs. Orlando Magic**  
**Sunday, November 19, 2023 (5:00PM Tip-off)**



**BONUS OFFER:**  
Stay around after the game and each ticket holder will be granted an opportunity to shoot One Free Throw on the Court.

The GC JAG Career Association is bringing to you an opportunity to purchase tickets to the Indiana Pacers vs Orlando Magic game on Sunday, November 19th with a 5:00pm tipoff. This is a fundraiser for both groups with a designated dollar amount from each ticket sold being donated back to the groups. Please review the chart below for the ticket prices and the dollar amount being profited from each ticket:

- Upper Balcony: \$12 per ticket, \$5 profit
- Lower Balcony: \$20 per ticket, \$8 profit
- Krieg DeVault Level (Mid-Level) Corners: \$40 ticket, \$10 profit
- Krieg DeVault Level Center: \$60 ticket, \$15 profit

If you cannot attend the main game above, you may select an alternative game (online order deadlines):

- 1) 12/18/23 7PM Tip-off  
Los Angeles Clippers (12/14/23)
- 2) 12/20/23 7PM Tip-off  
Charlotte Hornets (12/15/23)
- 3) 1/5/24 7PM Tip-off  
Atlanta Hawks (1/2/24)

*(Bonus Offer Does NOT Apply)*  
(Check GC JAG Facebook for online order sites)

**PAPER TICKET SALES**  
**END NOVEMBER 3, 2023**

**ONLINE TICKET SALES**  
**END NOVEMBER 6, 2023**

For more information, please check out the GCHS website at [gchs.gcsc.k12.in.us](http://gchs.gcsc.k12.in.us) as well as the GC JAG Facebook or Instagram page at Greenfield Central JAG.

**HOW TO ORDER:** Order from any GC JAG Career Association member

OR go online at [nba.com/pacers/school-night/2324/magic](http://nba.com/pacers/school-night/2324/magic)

Questions, please contact: Darren Turner [daturner@gcsc.k12.in.us](mailto:daturner@gcsc.k12.in.us)

WorkOne/WIOA Title 1 provides equal opportunity programs. Auxiliary aids and services are available upon request to individuals with disabilities. The Hearing Impaired Relay Service is available a 1-800-743-3333. AmericanJobCenter





# IT STARTS WITH you

SELF CARE EXPERIENCE

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above it

be the change.

**NOVEMBER 9, 2023  
5:30 - 8:00 PM**

**GREENFIELD CENTRAL  
HIGH SCHOOL**

Relaxation Station - Chair Massage  
Beautification Station - Haircuts/Style & Nail Painting  
Stress Relief Station - Coloring, Fidgets and Deep Breathing  
Trust Based Relational Intervention Experience  
Fuel Station - Get a healthy snack and learn how food affects your mood  
Gratitude and Positive Affirmation Station - Spread kindness to yourself and others  
Move and Groove Station - Yoga and Zumba with music  
Hidden in Plain Sight - Interactive Display (Adults Only)  
Changing Footprints - Free Shoes for your family  
Nine13 Sports - Bicycle Simulation  
Numerous Local Resources  
Narcan Training | Domestic Violence Simulations | Bentley's Buddies Therapy Dogs





# COMING SOON

- November 2:** Women's Basketball home opener VS.Greenwood
- November 3-5:** Fall Play
- November 4:** Women's Wrestling Invite at New Pal
- November 5:** Daylight Savings Time
- November 7:** E-learning Day  
Election Day
- November 10:** Veterans Day Program
- November 11:** Madrigal Choir Choral Festival  
Veterans Day
- November 18:** Swimming's Kathy Dowling Invitational Meet
- November 23-24:** Thanksgiving Break
- November 21-26:** Band trip to Disney





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Phone Number:

(317) 462-9211 ext. 34481

Hours:

Monday

8:00 am – 4:00 pm

Tuesday

8:00 am – 4:00 pm

Wednesday

8:00 am – 4:00 pm

Thursday

8:00 am – 4:00 pm

Friday

8:00 am – 4:00 pm

