

2017-2018 GCHS ATHLETIC OPPORTUNITIES FOR YOU!

FALL

Men's & Women's Cross Country	1 st practice	July 31
Football	1 st practice	July 31
Women's Golf	1 st practice	July 27
Men's & Women's Soccer	1 st practice	July 31
Men's Tennis	1 st practice	July 31
Volleyball	1 st practice	July 31

WINTER

Men's Basketball	1 st practice	November 6
Women's Basketball	1 st practice	October 16
Men's Swimming & Diving	1 st practice	November 6
Women's Swimming & Diving	1 st practice	October 23
Wrestling	1 st practice	October 30

SPRING

Baseball	1 st practice	March 12
Men's Golf	1 st practice	March 12
Softball	1 st practice	March 5
Women's Tennis	1 st practice	March 12
Men's & Women's Track & Field	1 st practice	February 12

GCHS also offers opportunities in Student Athletic Training. You may contact Certified Athletic Trainer Diana Taylor at 462-9195, ext. 5 for more information.

All incoming 6 - 12th grade potential athletes must have ALL required athletic paperwork on file in their school's Athletic Office prior to conditioning/tryouts of their 1st sport. Pre-Participation Physicals for the 2017-2018 school year must be dated after April 1, 2017.

Beginning April 1, 2017, visit the High School Athletic webpage. Click on Athletics, then Cougar HQ, then Athletic Paperwork, click on IHSAA Physical 2017-2018 to download and print the 4-page IHSAA Pre-Participation Exam-2017 to take to your doctor. Please put your student's full legal name, the 2017-2018 grade level, and completely fill out pages 1 & 4. The doctor must completely fill out page two. Once completed please turn it into the appropriate athletic office. To complete your student's on-line forms, click on the RankOne link found under the Athletics Tab on the high school website. Then, using your student's PowerSchool ID number, select Electronic Participation Forms (not Login) and complete the rest of your student's required paperwork. Once you have completed all steps in this paragraph, your student may condition/tryout for a sport.

****All 2017-2018 physicals and online forms will expire June 1, 2018**

no matter when physicals were given.**

Fees will be due as soon as your athlete is on the roster of the sport(s) they will be playing. Fees will be considered past due and non-participation will take place on the day of the 1st competition against another school, i.e. scrimmage or game.