

Dear Parents/Guardians,

In the unfortunate circumstances that your student or student athlete should suffer a concussion, please know that the following protocol is in place for your student:

1. Ms. Diana Taylor (Athletic Trainer), Mrs. Susanna E. Coleman (Assistant Principal) and Ms. Becky Robertson (Health Assistant) will work together as a team to ensure the proper approach to your child's situation.
2. Mrs. Coleman will work with teachers on the academic front to ensure your child has the needed accommodations in the academic setting. Doctor accommodations are always shared with teachers and in extreme cases, a 504 plan may be developed. Please use Mrs. Coleman as your contact for any academic concerns during this time.
3. Ms. Taylor will work with your student and their coaches during this time. Ms. Taylor has access to IMPACT testing and other tools to help in the recovery process and to be sure that your child isn't on the playing field until they are cleared by the doctor who is trained in concussion management and it is safe for them to play. Ms. Taylor will work with student athletes on the IHSAA required 5 Day Progression program before they are released for full practice and play. Ms. Taylor will also help ensure that student athletes are symptom free before beginning progression.
4. Ms. Robertson will work with your student should they need medical attention while at school. Sometimes students with concussions need to rest and we allow them to do so in the clinic. Our typical rest time is 20 minutes. If symptoms have not improved during that time, a parent may be contacted.

If the student athlete is involved non-IHSAA sports, ie clubs, they should still follow the clearance and return to activity protocols set forth by IHSAA to ensure full recovery and prevention of secondary complications and before beginning activity with the club.

Please realize that our number one priority in a concussion situation is the full recovery of your student. We have protocol in place to ensure that the school recovery situation is a smooth and easy process for you. Please feel free to contact any of the people mentioned above should you have questions or concerns.

G-CHS Phone Number 462-9211

Mrs. Coleman, ext. 34104

Ms. Taylor, ext. 34306

Ms. Robertson, ext. 34355